

# NM 2019 10 KM

Lygna (NOR)



menn Interval Start Free

29-03-2019

Official Results

Start Time: 13:31

Jury Information				Course Information			
Technical Delegate:	OFSTAD Sylvi	NOR	Name:	Lygn 5 blue + 5 red			
Assistant Technical Delegate	MAUSETH Geir	NOR	Height Difference (HD):	59 m			
Chief of Competition	NILSEN Teje	NOR	Maximum Climb (MC):	42 m			
Assistant TD Nat.	GJOEMLE BERG Ella	NOR	Total Climb (TC):	145 m			
			Length of Lap:	9940			
			Number of Laps:	1			

Rk.	Bib	FIS Code	Name	Team	Finish Time	Behind	Fis Points	Remarks
1	478	3420228	SUNDBY Martin Johnsrud	Røa IL	23:22.1	0.0	20.00	
2	442	3420586	HOLUND Hans Christer	Lyn Ski	23:38.7	16.6	29.47	
3	438	3420994	TØNSETH Didrik	Byåsen IL	23:51.6	29.5	36.83	
4	505	3423388	HEGDAL Vebjørn	Søre Ål IL	23:56.9	34.8	39.86	
5	490	3421320	IVERSEN Emil	IL Varden Meråker	24:09.7	47.6	47.16	
6	434	3420672	SVEEN Simen Andreas	Ring IL	24:13.9	51.8	49.56	
7	430	3423264	AMUNDSEN Harald Østberg	Asker SK	24:16.4	54.3	50.98	
8	426	3422263	KVÅLE Gaute	Rødal IL	24:17.7	55.6	51.72	
9	414	3421164	SKAR Sindre Bjørnstad	Bærums Verk Hauger I	24:18.8	56.7	52.35	
10	498	3423183	BUCHER-JOHANNESSEN T	Fossum IF	24:19.1	57.0	52.52	
11	466	3420605	RØTHE Siur	Voss IL	24:24.3	1:02.2	55.49	
12	446	3422186	TURTVEIT Vebjørn	Voss IL	24:27.7	1:05.6	57.43	
13	489	3423782	MOSEBY Håvard	Kjelsås IL	24:28.1	1:06.0	57.66	
14	502	3422803	STENSHAGEN Mattis	Follebu SK	24:28.4	1:06.3	57.83	
15	506	3220002	MUSGRAVE Andrew	Røa IL	24:30.0	1:07.9	58.74	
16	462	3421269	STOCK Daniel	Vadsø SK	24:34.4	1:12.3	61.25	
17	402	3420376	GLØERSEN Anders Nøstdal	Rustad IL	24:34.5	1:12.4	61.31	
18	413	3424235	ANDERSEN Iver Tildheim	Rustad IL	24:36.4	1:14.3	62.39	
19	409	3422245	ULVANG Jørgen Sæternes	IL Varden Meråker	24:38.4	1:16.3	63.53	
20	454	3422474	BRUVOLL Ole Jørgen	Lierne IL	24:39.2	1:17.1	63.99	
21	418	3422521	AUGDAL Eirik Sverdrup	Ringkollen SK	24:42.6	1:20.5	65.93	
22	425	3421720	HUNDSETH Johan	Kolvereid IL	24:43.0	1:20.9	66.16	
23	485	3220016	YOUNG Andrew Travers C.	Bækkelaget SK	24:46.7	1:24.6	68.27	
24	408	3424611	MØRK Martin Kirkeberg	Drammens Ballklubb	24:47.6	1:25.5	68.78	
25	497	3422619	VALNES Erik	Bardufoss og Omeqen I	24:55.8	1:33.7	73.46	
26	453	3421578	JOHAUG JR Karstein	Røa IL	24:56.7	1:34.6	73.98	
27	488	3423627	SKAANES Håkon	Strindheim IL	24:56.8	1:34.7	74.03	
28	481	3422841	AURLAND Joachim	Kjellmyra IL	24:58.4	1:36.3	74.95	
29	369	3423681	TYRIBAKKEN Bjørnar Stensl	Bromma IL	25:02.4	1:40.3	77.23	
30	494	3422613	JENSSEN Jan Thomas	Hommelvik IL	25:03.9	1:41.8	78.08	
31	417	3423534	HOPE Jon Rolf Skamo	Høy IL	25:08.3	1:46.2	80.59	
32	457	3423258	RAMSE Sondre Skomedal	Otra IL	25:08.9	1:46.8	80.94	
33	518	3250038	EINARSSON Snorri Evtor	Tromsø SK Langrenn	25:09.5	1:47.4	81.28	
34	513	3423008	MARTENS MEYER Herman	Åsen IL	25:10.4	1:48.3	81.79	
35	390	3423212	KJENNERUD Eivind	Sande Sportsklubb	25:10.5	1:48.4	81.85	

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Data processing by SSF Timing

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36	508	3421051	DAHLEN Thomas Albertsen	IL Varden Meråker	25:11.4	1:49.3	82.36	
37	486	3422651	KVISLE Erland	Asker SK	25:13.3	1:51.2	83.45	
38	353	3422992	WIIG Sivert	Giesdal IL	25:13.9	1:51.8	83.79	
39	421	3422316	RISETH Fredrik	Byåsen IL	25:16.4	1:54.3	85.22	
40	450	3422498	GRØNFLATEN Sindre	Fjellørnen IL	25:16.8	1:54.7	85.44	
41	360	3424614	HERLAND Kasper Andersson	Hemsedal IL	25:17.0	1:54.9	85.56	
42	404	3421645	AUNLI Lars Ove	Strindheim IL	25:17.4	1:55.3	85.79	
43	514	3422029	HOEL Johan	Åsen IL	25:20.0	1:57.9	87.27	
44	517	3422649	IHLEBÆK Harald	Bækkelaget SK	25:20.9	1:58.8	87.78	
45	422	3421467	RUNDGREEN Mathias	Byaasen Skiklub	25:23.3	2:01.2	89.15	
46	397	3422255	AARRESTAD Magnus Lian	Sandnes IL	25:25.0	2:02.9	90.12	
47	459	3424075	RYE Olve Johansen	Byneset IL	25:31.1	2:09.0	93.60	
48	460	3424057	KIRKENG Andreas	ROS, IL	25:31.6	2:09.5	93.89	
49	381	3423923	MORTENSBACKE Eirik Andr	Asker SK	25:33.2	2:11.1	94.80	
50	477	3422021	TJELLE Johan	Lyn Ski	25:36.3	2:14.2	96.57	
51	432	3423235	BUVARP Martin Julian	Byåsen IL	25:36.9	2:14.8	96.91	
52	385	3424335	KVARSTAD Kristoffer	Hamar SK	25:37.3	2:15.2	97.14	
53	512	3423123	SVINSÅS Jo	Rindal IL	25:37.4	2:15.3	97.20	
54	465	3422323	FOLKVORD Sindre	Sandnes IL	25:38.1	2:16.0	97.60	
55	499	3422016	SJØLI Mattis	Halmsås og Omegn Sk	25:38.9	2:16.8	98.05	
56	415	3422942	VÅRHEIM Vegard	Strindheim IL	25:39.8	2:17.7	98.57	
57	468	3423669	ØHLSCHLÄGEL Albert Sund	Sjåstad-Vestre Lier IL	25:45.1	2:23.0	101.59	
58	501	3423088	STAKSTON Petter	Søre Ål IL	25:46.5	2:24.4	102.39	
59	482	3420961	KROGH Finn-Hågen	Tverrelvdalen IL	25:48.2	2:26.1	103.36	
60	293	3424132	CLEM Ivar Harald	Fossum IF	25:48.5	2:26.4	103.53	
61	511	3423379	NORØY Magnus	Frol IL	25:49.0	2:26.9	103.82	
62	342	3423754	WIBERG Åsmund	Otra IL	25:50.0	2:27.9	104.39	
63	476	3422747	SØRENSEN Anders	Bækkelaget SK	25:50.1	2:28.0	104.44	
64	323	3422417	ARNTSEN Mikkel	Sortland og Omegn SK	25:51.4	2:29.3	105.19	
65	428	3270010	WESTGÅRD Thomas Hjalme	Steinkjer SK	25:51.6	2:29.5	105.30	
66	387	3423824	STOKKELAND Petter	Tistedalen FL	25:52.0	2:29.9	105.53	
67	172	3420095	MEDHUS Bård Olav S.	Røldal IL	25:55.5	2:33.4	107.53	
68	354	3424094	LIAN Magnus Harr	Klæbu IL	25:56.0	2:33.9	107.81	
69	359	3423544	MOEN Sivert	Bardufoss og Omegn I	25:57.4	2:35.3	108.61	
70	383	3424223	JOHANSEN Iver Wang	Kjelsås IL	25:58.4	2:36.3	109.18	
71	451	3424534	HJELMESET Lars Agnar	Gjelleråsen IF	25:58.5	2:36.4	109.24	
72	473	3423371	SIVERTSGÅRD Vegard	Tydal IL	26:01.1	2:39.0	110.72	
73	382	3422621	HAUGEN John Magnus	Hommelvik IL	26:01.4	2:39.3	110.89	
74	480	3423503	SØRENSEN Lars	Rustad IL	26:02.3	2:40.2	111.41	
75	445	3421754	TAUGBØL Håvard Solås	Lillehammer Skiklub	26:02.4	2:40.3	111.46	
76	371	3423629	BERSET Kristoffer	Surnadal IL	26:02.6	2:40.5	111.58	
77	491	3424466	VESTAD Karsten Andre	Molde og Omegn IF	26:03.2	2:41.1	111.92	

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78	339	3423632	HADDON Peter John Martin	Byåsen IL	26:04.3	2:42.2	112.55	
79	332	3422293	ERIKSEN Sivert Grøtan	Byåsen IL	26:04.9	2:42.8	112.89	
80	412	3422759	FIKKE Trym Halbjørhus	Hemsedal IL	26:05.1	2:43.0	113.00	
81	367	3423633	HAMMER Johan Tøndel	Børsa IL	26:05.4	2:43.3	113.17	
82	439	3423853	HÅBREKKE Magnus Øvaas	Melhus IL	26:06.9	2:44.8	114.03	
83	120	3422276	SOLHEIM-JOHNSEN Vegar	Ankenes SK	26:08.0	2:45.9	114.66	
84	388	3421116	GIFSTAD Thomas	Rustad IL	26:08.8	2:46.7	115.11	
85	429	3422333	BIE Maximilian V. Selchow	Bardufoss og Omeqñ I	26:10.2	2:48.1	115.91	
86	400	3423300	HOLMBRO Hans Kristian	Strindheim IL	26:10.4	2:48.3	116.03	
	435	3420615	NYGAARD Bjørn-Thomas	Burford IL	26:10.4	2:48.3	116.03	
88	362	3423205	KNOTTEN Sivert	Runar, IL	26:11.9	2:49.8	116.88	
89	200	3420009	TEISBEKK Sander	ROS, IL	26:12.7	2:50.6	117.34	
90	464	3423034	HOLTH Bendik Skjønberg	Birkebeineren, IF	26:13.3	2:51.2	117.68	
91	349	3423749	RYSSTAD Aron Åkre	Valle IL	26:13.5	2:51.4	117.80	
92	469	3423660	JOHANSEN Sivert Leander	Drammens Ballklubb	26:13.8	2:51.7	117.97	
93	377	3423410	BRU-HEMMINGBY Aksel	Heming, IL	26:14.8	2:52.7	118.54	
94	288	3424563	STENE Eirik	Jutul IL	26:15.3	2:53.2	118.82	
95	472	3422940	FLATAKER Ole Morten Enge	Hommelvik IL	26:16.8	2:54.7	119.68	
96	444	3422795	RAMSTAD Simen Christophe	Vind IL	26:17.1	2:55.0	119.85	
97	380	3424190	KORSÆTH Amund August	Trøsken IL	26:17.2	2:55.1	119.91	
98	424	3423500	WAHL Simen Munch	Bækkelagets SK	26:17.8	2:55.7	120.25	
99	507	3423540	AABREKK Eirik Bergene	Runar, IL	26:18.2	2:56.1	120.48	
100	500	3423881	HOVDE Håvard	MjøsSki	26:18.6	2:56.5	120.71	
101	316	3423995	STIGEN Jørqen	Hamar SK	26:18.9	2:56.8	120.88	
102	398	3423050	SKRINDO Knut	Gol IL	26:19.6	2:57.5	121.28	
103	294	3424549	HARBY Jørqen	Lillehammer Skiklub	26:20.3	2:58.2	121.68	
	340	3422466	BERGAN Sivert Halfdan	Larvik Ski	26:20.3	2:58.2	121.68	
105	420	3422774	AUSTAD Jonas	Henning Skilag	26:20.8	2:58.7	121.96	
106	419	3424690	VIKA Jonas	MjøsSki	26:21.1	2:59.0	122.13	
107	242	3423984	VEHUS Erik Nordjordet	Hovden Sportsklubb	26:21.5	2:59.4	122.36	
108	357	3424513	AAKERVIK Espen	Fet SK	26:22.4	3:00.3	122.87	
109	333	3423986	BJØRTOMT Johan Henri Olse	Gjerdrum IL	26:22.7	3:00.6	123.05	
110	470	3422115	TEFRE Giøran Holstad	Førde IL	26:23.4	3:01.3	123.44	
111	311	3423826	MELBØ Jan-Henrik	Spydeberg IL	26:23.6	3:01.5	123.56	
112	370	3422375	RØER Sigurd Lund	Bækkelagets SK	26:24.8	3:02.7	124.24	
113	487	3422477	NORTHUG Even	Strindheim IL	26:25.0	3:02.9	124.36	
114	335	3423844	LIER Ola Jakob	Asker SK	26:26.3	3:04.2	125.10	
115	308	3424893	HOLMBOE Aleksander Elde	Bærums Verk Hauger I	26:28.9	3:06.8	126.58	
116	389	3422753	TANDBERG Vebjørn	Kjelsås IL	26:29.0	3:06.9	126.64	
117	436	3421939	BJERKRHEIM Kjetil Andre	Nesbyen IL	26:29.1	3:07.0	126.70	
118	228	3424605	LAUKLI Henrik Marius	Konnerud IL	26:29.9	3:07.8	127.15	
119	361	3424339	BJØRGAN Simen Kroastie	Hamar SK	26:30.0	3:07.9	127.21	

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120	379	3424232	RIEGE Amund	Rustad IL	26:32.0	3:09.9	128.35	
121	449	3420815	SKINSTAD Petter Soleng	Vind IL	26:33.3	3:11.2	129.09	
122	509	3423006	HOEL Amund	Åsen IL	26:33.7	3:11.6	129.32	
123	326	3423792	KRÜGER Espen Hegstad	Lyn Ski	26:36.1	3:14.0	130.69	
124	334	3424175	ØISETH Simen Frantzen	Fet SK	26:37.6	3:15.5	131.55	
125	290	3423080	MÅBØ Ulrik	Lillehammer Skiklub	26:37.7	3:15.6	131.60	
126	437	3423707	VESTERHEIM Magnus	Kvæfjord IL Allianse	26:39.4	3:17.3	132.57	
127	365	3423184	GULLIKSTAD Henrik	Søre Ål IL	26:39.7	3:17.6	132.75	
128	231	3423630	GRYMYR Jens Christian	Asker SK	26:40.0	3:17.9	132.92	
129	391	3424218	NILSEN Fredrik Lütcherath	Heming, IL	26:40.8	3:18.7	133.37	
130	423	3423374	ANDREASEN Jesper Abelse	Halsøy IL Ski	26:41.3	3:19.2	133.66	
131	440	3421719	SUNDSVIK Espen	Frol IL	26:41.7	3:19.6	133.89	
132	375	3423548	SKJELDAL Kristian	Bulken IL	26:43.0	3:20.9	134.63	
133	192	3424958	RØNNING Trvm Nergård	Skogn IL	26:43.5	3:21.4	134.91	
	395	3423875	GIGERNES Ådne Holter	Bygdø IL	26:43.5	3:21.4	134.91	
135	376	3423360	FORSMO Ole Jacob	Halsøy IL Ski	26:43.9	3:21.8	135.14	
136	180	3420013	HØIAS Anders Larsen	Birkebeineren, IF	26:45.0	3:22.9	135.77	
137	295	3424640	INGEBRIGTSEN Edvin	Bratsberg IL	26:47.9	3:25.8	137.42	
138	204	3424846	HORVEN Preben	Bossmo og Ytteren IL	26:48.4	3:26.3	137.71	
139	401	3423180	ROLFSEN Simen Thune	Lyn Ski	26:49.6	3:27.5	138.39	
140	292	3424613	MELLING Christian Hartz	Glassverket IF	26:49.8	3:27.7	138.51	
141	280	3424901	GRØNLI Stian	Fet SK	26:50.6	3:28.5	138.96	
142	140	3420100	ENGEVIK Simen Lilleås	Stord IL (Allianse.)	26:52.8	3:30.7	140.22	
143	313	3424484	BERGSLAND Andreas	Trøskan IL	26:53.0	3:30.9	140.33	
144	378	3422702	AULIN Lasse Løwstrøm	Bækkelaget SK	26:53.4	3:31.3	140.56	
145	211	3424504	GRØNDALEN Håkon Miøen	Drøbak-Frogn IL	26:53.6	3:31.5	140.68	
146	431	3424663	SANDVIK Edvard	Kjelsås IL	26:54.8	3:32.7	141.36	
147	336	3424201	UV Sander André	Bygdø IL	26:55.5	3:33.4	141.76	
148	503	3422849	WINTHER Arnt Gunnar	KS Ski Lofoten	26:55.7	3:33.6	141.87	
149	273	3424683	VIK Lars Young	Njård	26:56.3	3:34.2	142.22	
150	347	3424373	REE Andreas Fiorden	Støren Sportsklubb	26:56.6	3:34.5	142.39	
151	272	3424274	GROBAKKEN Rune Hermun	Rogne IL	26:56.8	3:34.7	142.50	
152	284	3424056	BRÆKKEN Ole Andreas	Byåsen IL	26:57.1	3:35.0	142.67	
	394	3424067	MICHELTSEN Even Solem	Byåsen IL	26:57.1	3:35.0	142.67	
154	261	3424191	UNNEBERG Johan	Tistedalen FL	26:57.2	3:35.1	142.73	
155	344	3422542	BORGENSEN Jørgen Jensen	Bækkelaget SK	26:57.3	3:35.2	142.79	
	427	3423684	SØRGÅRD Emil	Ringkollen SK	26:57.3	3:35.2	142.79	
157	447	3421760	FOLKVORD Ingvar	Sandnes IL	26:57.6	3:35.5	142.96	
158	456	3423370	MOEN Vebjørn	Tverlandet IL	26:59.2	3:37.1	143.87	
159	304	3424744	PETTERSEN Jakob Sørli	Melbo IL	27:01.4	3:39.3	145.13	
160	265	3423696	FLUGSTAD Fredrik Fuqlerud	Gjøvik SK	27:02.0	3:39.9	145.47	
161	179	3424536	JARBEAUX Aagust	Gielleråsen IF	27:02.7	3:40.6	145.87	

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162	392	3423298	KRISTOFFERSEN Patrick Fc	Gjerdrum IL	27:03.2	3:41.1	146.15	
163	321	3423724	SOLBAKKEN Ola Oanes	Klæbu IL	27:03.4	3:41.3	146.27	
164	317	3424717	MOSTRAUM Elias	Osterøy IL	27:03.5	3:41.4	146.32	
165	345	3423750	VARTDAL Ludvig	Emblem IL	27:03.8	3:41.7	146.50	
166	101	3420024	SKAUG Marius Rønningen	Svarstad IL	27:04.1	3:42.0	146.67	
	153	3420005	BJERKE Phillip Granaas	Konnerud IL	27:04.1	3:42.0	146.67	
	220	3423761	JENSEN Anton	Kjelsås IL	27:04.1	3:42.0	146.67	
169	203	3424572	OLSEN Magnus Braathen	Oppegård IL	27:05.4	3:43.3	147.41	
170	256	3424474	LERVIK Geir	Mathingsdal IL	27:05.5	3:43.4	147.47	
171	41	3200355	ALRAUN Fabian	TSV Brannenburg	27:06.0	3:43.9	147.75	
	396	3422749	PERSEN Espen	Lyn Ski	27:06.0	3:43.9	147.75	
173	433	3422712	DØNNESTAD Henrik	Gulset IF	27:06.1	3:44.0	147.81	
174	324	3423793	STRAUMSHEIM Ola Trommø	Lyn Ski	27:06.2	3:44.1	147.87	
175	281	3424892	HOLMBOE Nikolai Elde	Bærums Verk Hauger I	27:06.4	3:44.3	147.98	
176	314	3424724	STENERSEN Johannes Andl	Kvaløysletta Skilag	27:07.0	3:44.9	148.32	
177	346	3424575	STENERSEN Fredrik Glomsr	Oppegård IL	27:08.9	3:46.8	149.41	
178	467	3421761	GABRIELSEN Sjur Obrestad	Sandnes IL	27:09.0	3:46.9	149.46	
179	328	3423897	TOLO Henrik Vik	Asker SK	27:09.4	3:47.3	149.69	
180	241	3424545	LUKA Eivind	Gjerdrum IL	27:10.9	3:48.8	150.55	
181	212	3120120	ABUDELEHAN Yeernaer	Kjelsås IL	27:11.1	3:49.0	150.66	
182	302	3423163	HAUG Eirik	Lyn Ski	27:11.5	3:49.4	150.89	
183	474	3423291	LARSEN Thomas Helland	Fossum IF	27:12.5	3:50.4	151.46	
184	127	3424985	DYBDAHL Halvor Aasen	Njård	27:13.0	3:50.9	151.75	
185	356	3424685	JENSSEN Matz William	Njård	27:14.2	3:52.1	152.43	
186	151	3424205	OPHUS Eirik	Bækkelaget SK	27:14.6	3:52.5	152.66	
187	268	3424705	STØTVIG Markus Fet	Oseberg Skilag	27:15.4	3:53.3	153.11	
188	264	3423430	MYKLEMYR Vegard	Bromma IL	27:17.3	3:55.2	154.20	
189	245	3424519	JEVNE Erik Johannes	Lillehammer Skiklub	27:17.5	3:55.4	154.31	
190	331	3424206	RØER Vegard Lund	Bækkelaget SK	27:17.6	3:55.5	154.37	
191	276	3424499	EK Jens Marcus D.	Bærums Verk Hauger I	27:18.8	3:56.7	155.05	
192	141	3424994	BAKKEN Petter	Lyn Ski	27:19.0	3:56.9	155.17	
193	224	3424684	GRØHOLDT Mads	Njård	27:19.4	3:57.3	155.40	
194	337	3423087	SNELLINGEN Ola Nvgård	Svea Skilag	27:19.5	3:57.4	155.45	
195	148	3424974	SKEI Magnus Moræenlie	Kjelsås IL	27:19.6	3:57.5	155.51	
196	205	3424944	SPIGSETH Ola	Nes Ski	27:20.2	3:58.1	155.85	
197	475	3423657	MIKKELSPLASS Kristen	Bromma IL	27:21.6	3:59.5	156.65	
198	301	3424104	EITERJORD Nikolai Solem	Innstranda IL	27:23.0	4:00.9	157.45	
199	282	3424552	PERGER Magnus	Haslum IL	27:23.6	4:01.5	157.79	
200	247	3424550	ULVERUD Mathias	Gjerdrum IL	27:26.2	4:04.1	159.28	
201	249	3422281	KVÅLE Bjørnar	Brandbu IF	27:26.4	4:04.3	159.39	
202	271	3424687	DOKSET Aleksander Falkent	Kjelsås IL	27:27.5	4:05.4	160.02	
203	384	3420953	MOXNES Einar Flaktveit	Viking, TIF	27:27.8	4:05.7	160.19	

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# NM 2019 10 KM

Lygna (NOR)



menn Interval Start Free

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Official Results

Start Time: 13:31

Rk.	Bib	FIS Code	Name	Team	Finish Time	Behind	Fis Points	Remarks
204	266	3424565	ANTONSEN Morten	Gjerdrum IL	27:28.7	4:06.6	160.70	
205	182	3424675	THORESEN Jonas Dyrli	Røa IL	27:29.5	4:07.4	161.16	
	338	3424140	HANEBERG Sondre	Oppegård IL	27:29.5	4:07.4	161.16	
207	221	3424289	HELLERUD Adrian Orellana	Hokksund IL	27:29.6	4:07.5	161.22	
208	149	3424923	HELGHEIM Sebastian	Haslum IL	27:30.5	4:08.4	161.73	
209	363	3424380	TRONSLI Andreas	Lier IL	27:31.7	4:09.6	162.41	
210	114	3420066	THON Vegard	Etnedal Skilag	27:31.9	4:09.8	162.53	
211	233	3424600	SØRGÅRD Jonas	Ringkollen SK	27:32.4	4:10.3	162.81	
212	76	3424443	BRAATHEN Ludvik	Øvrevoll Hosle IL	27:32.5	4:10.4	162.87	
213	303	3423263	ANDERSEN Herman Andrea	Bækkelaget SK	27:32.7	4:10.6	162.99	
214	278	3423790	SEVANG Nicolav	Lyn Ski	27:32.8	4:10.7	163.04	
215	269	3423491	TANDBERG Jostein	Kjelsås IL	27:34.0	4:11.9	163.73	
216	250	3424299	URE Olve	Voss IL	27:34.4	4:12.3	163.96	
217	110	3424979	REINEMO Felix Tobiasson	Bækkelaget SK	27:35.0	4:12.9	164.30	
218	196	3424689	OLSSON Jacob Grønseth	Rustad IL	27:35.5	4:13.4	164.58	
219	443	3423502	HÆGELAND Tor Olav Neshe	Rustad IL	27:36.2	4:14.1	164.98	
220	91	3420123	GAASTJØNN Eivind	Åmdal IL	27:36.7	4:14.6	165.27	
221	135	3424001	GLØERSEN Herman Møller	Fredrikstad SK	27:37.6	4:15.5	165.78	
222	155	3420049	FLAATEN Johannes Lønnesl	Moss SK	27:37.8	4:15.7	165.90	
223	309	3490257	PUIGDEFABREGAS SIESO	Lillehammer Skiklub	27:38.1	4:16.0	166.07	
224	291	3423432	SKREDEGÅRD Tor-magnus	Gol IL	27:38.2	4:16.1	166.12	
	322	3423718	VESTERÅS Marius Viken	Varde IL	27:38.2	4:16.1	166.12	
226	275	3424542	SÆTRE Eivind	Gielleråsen IF	27:38.3	4:16.2	166.18	
227	516	3421655	LØFALD Gjermund	Rindal IL	27:38.6	4:16.5	166.35	
228	191	3422730	SMENES Atle	Rustad IL	27:40.0	4:17.9	167.15	
229	240	3424728	ØSTBERG-TØMMERVIK Siv	Medkila Skilag	27:40.1	4:18.0	167.21	
230	270	3423090	BOVOLD Lars	Østby IL	27:40.3	4:18.2	167.32	
231	146	3424914	FRITZNER Simen	Gielleråsen IF	27:41.1	4:19.0	167.78	
232	267	3424267	KARSRUD Kristoffer Alm	Raufoss IL Langrenn	27:41.3	4:19.2	167.89	
233	243	3424764	GRAVE Brynjar Heqqelund	Seljord IL	27:41.6	4:19.5	168.06	
234	177	3424829	FALKANGER Auqust Berthel	Byåsen IL	27:42.0	4:19.9	168.29	
235	299	3423976	KVERNOLDEN Lars-Haakc	Hamar SK	27:42.4	4:20.3	168.52	
236	368	3422669	VOLLSET Kristoffer Bv	Klæbu IL	27:43.6	4:21.5	169.20	
237	277	3424676	SØRBYE Sondre Enqesæter	Røa IL	27:44.7	4:22.6	169.83	
238	254	3424619	KARLSEN Even	Lillehammer Skiklub	27:45.4	4:23.3	170.23	
239	230	3424266	STØLEN Erling Viljugrein	Vind IL	27:45.6	4:23.5	170.35	
240	227	3200916	RÜGER Philip	Gulset IF	27:45.7	4:23.6	170.40	
241	167	3424818	RØN Jesper	Rustad IL	27:46.1	4:24.0	170.63	
	283	3424263	SØRUMSHAUGEN Arnqrim	Gjøvik SK	27:46.1	4:24.0	170.63	
243	47	3424679	TALMO Olaf Martin Aaserud	Koll, IL	27:46.5	4:24.4	170.86	
	493	3320185	BØE Magnus	Fossum IF	27:46.5	4:24.4	170.86	
245	257	3424656	GUNDERSEN Birk Møller	Lyn Ski	27:46.6	4:24.5	170.92	

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Rk.	Bib	FIS Code	Name	Team	Finish Time	Behind	Fis Points	Remarks
246	93	3420027	RINGHUS Erik Brostøien	Rein, IL	27:47.7	4:25.6	171.54	
247	226	3424723	KJELSTAD Sander Eggen	Støren Sportsklubb	27:48.0	4:25.9	171.72	
	483	3423317	LIPPERT Jørgen	Trøsken IL	27:48.0	4:25.9	171.72	
249	399	3423375	HOÅS Geir Kristian	Lånke IL	27:48.4	4:26.3	171.94	
250	366	3422717	NYHEIM Alexander Løvik	Tomrefjord IL	27:49.4	4:27.3	172.51	
251	176	3424852	KJÆRNLI Jan Christian	Rendalen IL	27:51.0	4:28.9	173.43	
252	137	3424963	IVERSEN August Helland	Steinkjer SK	27:52.5	4:30.4	174.28	
253	185	3424701	TALLAKSTAD Mats	Svarstad IL	27:52.7	4:30.6	174.40	
254	305	3424507	AURMO Reidar	Hamar SK	27:53.2	4:31.1	174.68	
255	199	3424860	THORSTENSEN Magnus	Strindheim IL	27:53.8	4:31.7	175.02	
256	130	3420063	MARTINSEN Toralf Rydnings	Øverbygd IL	27:54.0	4:31.9	175.14	
257	348	3424568	AADLAND Petter Thorslund	Nittedal IL	27:54.1	4:32.0	175.20	
258	109	3423567	HALLDORSSON Øvstein	IL Korlevoll - Odda	27:54.8	4:32.7	175.60	
259	160	3424123	MYHRA Håvard	Gulset IF	27:55.9	4:33.8	176.22	
260	252	3424637	FISKVIK Kristoffer Jullum	Stjørdals-Blink, IL	27:56.6	4:34.5	176.62	
261	471	3423561	BORDAL Johannes	MjøsSki	27:58.1	4:36.0	177.48	
262	298	3424641	OPSAL Mats	MjøsSki	27:58.4	4:36.3	177.65	
263	234	3424527	LANGØY Mats Morqan	Froqner IL	27:58.6	4:36.5	177.76	
264	85	3420096	DUKSTAD Daniel	Voss IL	27:59.8	4:37.7	178.45	
265	296	3424623	KVAM Håvard	Kolbukameratene, IL	28:01.5	4:39.4	179.42	
266	300	3423891	HAARSTAD Martin	Asker SK	28:02.3	4:40.2	179.87	
267	329	3423597	LANGSTEIN Bjørn Erik	Tomrefjord IL	28:02.8	4:40.7	180.16	
268	183	3424144	JOHANSEN Jonas	Fet SK	28:03.2	4:41.1	180.39	
269	131	3422348	HENNIG Erlend Widerøe	Hjelmeland IL - ski	28:05.2	4:43.1	181.53	
270	274	3423998	ARNESEN Mads Greni	Hamar SK	28:05.3	4:43.2	181.59	
271	352	3422550	MYRMO Håkon	Rennebu IL	28:06.7	4:44.6	182.38	
272	223	3424655	JUKLESTAD Viktor Olsen	Lyn Ski	28:07.9	4:45.8	183.07	
273	157	3420077	BJERTNÆS Biarte	Jevnaker IF Ski	28:08.0	4:45.9	183.13	
274	187	3424941	ROLSTAD Torbjørn	Lørenskog SK	28:08.2	4:46.1	183.24	
275	244	3421858	LAMØY Kristoffer	Åsen IL	28:09.9	4:47.8	184.21	
276	27	3422721	VOLLAN Erling Pettersen	Høybråten og Stovner	28:11.0	4:48.9	184.84	
	201	3424117	GRYTNES Markus Klepp	Ivriq, IL	28:11.0	4:48.9	184.84	
278	197	3424221	AAS-JAKOBSEN Andreas	Heming, IL	28:12.0	4:49.9	185.41	
279	208	3424133	DAGESTAD Jostein Wiig	Fossum IF	28:12.9	4:50.8	185.92	
280	124	3424936	ENGESSET Kasper	IL Jardar	28:13.0	4:50.9	185.98	
281	207	3424501	SKURDAL Einar Brath	Bærums Verk Hauget	28:13.8	4:51.7	186.44	
282	263	3424124	OSNES Jon Rabe	Oseberg Skilag	28:15.4	4:53.3	187.35	
283	115	3424854	STENSBY Magnus Martinser	Hamar SK	28:16.8	4:54.7	188.15	
284	355	3424241	NICOLAISEN Erik	Senja Ski	28:17.4	4:55.3	188.49	
285	165	3423834	BERTELSEN Henrik	Ørn, IF	28:18.2	4:56.1	188.95	
286	170	3424752	REFSNES Torius	Osterøy IL	28:18.8	4:56.7	189.29	
	259	3424540	SEDENIUSSEN Magnus Nik	Gielleråsen IF	28:18.8	4:56.7	189.29	

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Rk.	Bib	FIS Code	Name	Team	Finish Time	Behind	Fis Points	Remarks
288	100	8420119	GULDBERG Marius Brattli	Storsteinnes IL	28:18.9	4:56.8	189.35	
289	411	3423053	WIIK Emil	Asker SK	28:19.1	4:57.0	189.46	
290	57	3420015	BORKHOLM Knut	Eiker SK	28:19.8	4:57.7	189.86	
291	75	3420010	BERGET Albert	IL Skrim	28:20.6	4:58.5	190.32	
292	206	3424671	PEDERSEN Bendik Håland	Rustad IL	28:21.6	4:59.5	190.89	
293	318	3423884	FOSSGARD Lars-Martin	Asker SK	28:21.9	4:59.8	191.06	
294	315	3250035	JONSSON Albert	Lillehammer Skiklub	28:22.5	5:00.4	191.40	
295	222	3424219	TENOLD Lars Anders K.	Nordre Eidsvoll IL	28:23.7	5:01.6	192.08	
296	495	3423065	MELHUS Marius Landsem	Henning Skilaq	28:24.9	5:02.8	192.77	
297	144	3424851	RYE Jørg Johansen	Byneset IL	28:25.0	5:02.9	192.83	
298	189	3424300	HELLUM Maanus Mortensen	Røa IL	28:25.8	5:03.7	193.28	
299	104	3424989	FJELL Sebastian Jonathan	Heming, IL	28:26.8	5:04.7	193.85	
300	219	3424473	GAUSLAA Per Kristian	Oddersjaa SSK	28:27.0	5:04.9	193.97	
301	213	3424768	NISSEN Matias August	Byaasen Skiklub	28:28.1	5:06.0	194.60	
302	156	3422286	AASTVEDT Eirik Tvedt	Osterøy IL	28:30.1	5:08.0	195.74	
303	463	3423274	HUSDAL Henrik	Bækkelaget SK	28:30.7	5:08.6	196.08	
304	64	3120125	TUERXUN Hanati	Kjelsås IL	28:31.1	5:09.0	196.31	
305	163	3424285	STANGSTUEN Vette Grønne	Ringkollen SK	28:31.7	5:09.6	196.65	
306	188	3420074	BERGER Isak Skari	Lillehammer Skiklub	28:32.4	5:10.3	197.05	
307	123	3424897	FÆSTE Filip Hatlen	Drøbak-Frogn IL	28:34.2	5:12.1	198.08	
308	152	3424262	NESJE-HAUGLI Trym	Lillehammer Skiklub	28:34.3	5:12.2	198.13	
309	32	3424012	NILSEN Petter Thuen	Viking, TIF	28:34.5	5:12.4	198.25	
310	372	3422512	FLATAKER Erling Enaevold	Hommelvik IL	28:35.8	5:13.7	198.99	
311	113	3424949	MOGEN Kristoffer	Oppegård IL	28:36.0	5:13.9	199.10	
312	128	3424840	SCHJØLBERG Jørgen	Tynset IF	28:36.2	5:14.1	199.22	
313	364	3423449	RØYRHUS Vegard	Hovdebygda IL	28:38.0	5:15.9	200.24	
314	142	3424634	REPPEN Martin	Spillum IL	28:40.3	5:18.2	201.56	
315	403	3422274	GRASTVEIT Stian	Heming, IL	28:40.6	5:18.5	201.73	
316	89	3424912	TORKILSRUD Christoffer	Frogner IL	28:43.3	5:21.2	203.27	
317	297	3424622	BJØRNAA Birk Strand	Lillehammer Skiklub	28:44.1	5:22.0	203.72	
318	106	3424890	FLADBY Martin Grape	Bærum Verk Hauger I	28:47.1	5:25.0	205.44	
319	289	3423896	HAGEN Vegard Ek	Lillehammer Skiklub	28:47.4	5:25.3	205.61	
320	58	3420036	OLSEN Oskar Mrvang	Runar, IL	28:47.5	5:25.4	205.66	
321	84	3424984	STECKMEST Knut	Njård	28:48.9	5:26.8	206.46	
322	216	3423919	KRISTIANSEN Jonas	Nittedal IL	28:52.6	5:30.5	208.57	
323	320	3423563	REINEMO Per Ivar Sølje	Hamar SK	28:53.2	5:31.1	208.92	
324	105	3424879	SKJOLD Oskar Lockert	Åsen IL	28:53.7	5:31.6	209.20	
325	78	3424898	NORDAAS Audun	Strandbygda IL	28:56.7	5:34.6	210.91	
326	116	3424880	SVEEN Christian Hermanser	Åsen IL	28:57.0	5:34.9	211.08	
327	209	3423788	BOLLINGMO Peder	Kjelsås IL	28:57.1	5:35.0	211.14	
328	87	3424820	GLØERSEN Jakob Møller	Fredrikstad SK	28:59.0	5:36.9	212.23	
329	150	3420076	OWREN Fredrik Hammerdal	Lillehammer Skiklub	28:59.7	5:37.6	212.63	

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Rk.	Bib	FIS Code	Name	Team	Finish Time	Behind	Fis Points	Remarks
330	98	3424528	MARTENS MEYER Julian	Frogner IL	29:01.2	5:39.1	213.48	
331	82	3424981	GRØAN Tobias Mellebråter	Høybråten og Stovner	29:01.7	5:39.6	213.77	
332	195	3424556	BRUSTAD Herman	Heggedal IL	29:03.8	5:41.7	214.96	
333	238	3510687	LEIBUNDGUT Matthias	Lillehammer Skiklub	29:04.9	5:42.8	215.59	
334	117	3120113	MA Hailin	Kjelsås IL	29:05.0	5:42.9	215.65	
335	161	3423240	TROØYEN Jørn	Strindheim IL	29:05.2	5:43.1	215.76	
336	215	3424521	KVALE Nils Henrik	Østre Toten Skilag	29:06.5	5:44.4	216.51	
337	168	3424333	BJØRGEN Andreas	Hamar SK	29:06.8	5:44.7	216.68	
338	251	3422690	OFTÉ Stian Yndesdal	Lillehammer Skiklub	29:07.7	5:45.6	217.19	
339	237	3423892	BURUD Hans Bernhard	Sande Sportsklubb	29:10.2	5:48.1	218.62	
340	218	3423887	BJØRNDALEN Bård Eskil	Magnor UL	29:10.5	5:48.4	218.79	
341	279	3300681	MORIGUCHI Shota	JPN	29:11.1	5:49.0	219.13	
342	217	3424224	ANDRESEN Mathias Øivind	Kjelsås IL	29:12.7	5:50.6	220.04	
343	158	3424478	BORKAMO Bjørn	Gaular IL	29:14.4	5:52.3	221.01	
344	56	3424924	HOLM Benjamin Jarinn	Haslum IL	29:14.9	5:52.8	221.30	
345	72	3120121	HASIMU Yesihati	Kjelsås IL	29:15.6	5:53.5	221.70	
346	74	3120123	JIAERSI Yeerlin	Kjelsås IL	29:15.7	5:53.6	221.75	
347	162	3424638	HAUGNES Oddmund Bårdss	Frol IL	29:18.0	5:55.9	223.07	
348	54	3424964	MALMO Trym	Grong IL	29:18.8	5:56.7	223.52	
349	69	3424986	BRGULJAK Danis	Njård	29:19.1	5:57.0	223.69	
350	407	3424269	EVENSEN Ansgar	Vind IL	29:19.8	5:57.7	224.09	
351	174	3423956	TANEM Henrik	Strindheim IL	29:20.9	5:58.8	224.72	
352	145	3424961	HEGSTAD Simen	IL Aasguten	29:21.3	5:59.2	224.95	
353	77	3424872	NERGAARD Peter Oliver	Åsliå Skilag	29:21.7	5:59.6	225.18	
354	416	3423130	RIKSAASEN Bjørn Georg	Vågå IL	29:21.9	5:59.8	225.29	
355	159	3424621	RAMSTAD Morten	Gjøvik SK	29:23.8	6:01.7	226.38	
356	181	3423643	ERIKSEN Edvin Grøtan	Byåsen IL	29:26.0	6:03.9	227.63	
357	42	3120117	AYIKEN Mivelievi	Kjelsås IL	29:26.4	6:04.3	227.86	
358	262	3424686	ROGSTAD Fredrik Arent	Njård	29:26.5	6:04.4	227.92	
359	154	3424511	MYRAN Magnus	Eidsvold Værks Skiklul	29:26.7	6:04.6	228.03	
360	133	3424866	WIST Henrik Valør	Byaasen Skiklub	29:27.1	6:05.0	228.26	
361	97	3424841	KIRKEVIK Simen Olsen	Ottestad IL	29:30.9	6:08.8	230.43	
362	129	3424677	KILDAL Simen Aleksander H	Røa IL	29:32.2	6:10.1	231.17	
363	81	3424325	SAGABRÅTEN Siur Lien	Nesbyen IL	29:32.5	6:10.4	231.34	
364	95	3423589	LIER Emil Håkon	Asker SK	29:33.0	6:10.9	231.63	
365	112	3420069	FREMSTAD Lars Petter F.	Gjøvik SK	29:33.8	6:11.7	232.08	
366	50	3420101	KLETTE Torius	Ørnar IL	29:35.8	6:13.7	233.22	
367	90	3424932	RUGSLAND Knut Andreas	Holmen IF	29:36.8	6:14.7	233.79	
368	111	3424945	ANKER-NILSSEN Henrik	Nesodden IF - Ski	29:37.4	6:15.3	234.14	
369	60	3420006	KLAUSEN Torodd	Konnerud IL	29:39.3	6:17.2	235.22	
370	253	3422954	SKJØLSVOLD Mats Burud	Bækkelaget SK	29:45.7	6:23.6	238.87	
371	307	3423109	HOLMSTRØM Brian Nymo	Fauske IL Ski	29:46.2	6:24.1	239.16	

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Start Time: 13:31

Rk.	Bib	FIS Code	Name	Team	Finish Time	Behind	Fis Points	Remarks
372	232	3424396	LØBAK Simen Leander	Asker SK	29:48.2	6:26.1	240.30	
373	80	3420039	GUNNERØD Martinius Hage	Ivrig, IL	29:48.4	6:26.3	240.41	
	99	3420035	AALVIK Amund	Runar, IL	29:48.4	6:26.3	240.41	
375	108	3424673	BERG Ola Frivold	Røa IL	29:48.6	6:26.5	240.53	
376	147	3424196	DRIVENES Philip	Fredrikstad SK	29:49.7	6:27.6	241.15	
377	83	3424500	JENSEN Anders Auqust	Bærums Verk Hauger I	29:53.6	6:31.5	243.38	
378	186	3424294	PETTERSEN Oddmund Lie	Kongsberg IF	29:56.2	6:34.1	244.86	
379	28	3424044	BAKKEN Erlend	Veten IL	29:56.3	6:34.2	244.92	
380	102	3420064	PETTERSON Jonas	Østre Toten Skilag	29:57.5	6:35.4	245.60	
381	10	3421909	HANNESTAD Christian	Østre Toten Skilag	29:58.1	6:36.0	245.95	
382	248	3423365	LILLEVOLL Adrian Sandnes	Valnesfjord IL	29:59.7	6:37.6	246.86	
383	229	3424653	DRØYER Benjamin Oailvv	Lyn Ski	30:02.3	6:40.2	248.34	
384	132	3424907	SØRENSEN Amund	Fossum IF	30:03.3	6:41.2	248.91	
385	166	3424743	KJERSTAD Håkon Bakke	Emblem IL	30:04.6	6:42.5	249.66	
386	121	3423932	BOTTERUD Hermann Skrarr	Bærums Skiklub	30:04.8	6:42.7	249.77	
387	173	3424660	RØNNINGSVEEN Vetle Oph	Kjelsås IL	30:06.0	6:43.9	250.45	
388	138	3424557	GJESSING Andreas Aleksan	Heggedal IL	30:07.7	6:45.6	251.42	
389	136	3420000	GLOMNES Eskil Linøe	Valldal IL	30:12.0	6:49.9	253.88	
390	125	3424674	STANGELAND Lars Ludahl	Røa IL	30:15.4	6:53.3	255.82	
391	63	3424525	VOLDEN Ole Vibe	Fossum IF	30:15.6	6:53.5	255.93	
392	239	3424332	SKRAMSTAD Håkon	Nordbygda-Løten Ski	30:20.4	6:58.3	258.67	
393	22	3422798	HANSLIEN Iver Andreas S.	Lillehammer Skiklub	30:26.5	7:04.4	262.15	
	65	3424625	SKOGLUND Jaran	Harestua IL	30:26.5	7:04.4	262.15	
395	34	3424918	KASTEL Andreas	Gjerdrum IL	30:32.3	7:10.2	265.46	
396	31	3424935	VALHOVD Mathias Auqust M	Holmen IF	30:34.8	7:12.7	266.89	
397	193	3300682	YAMAISHI Daisuke	JPN	30:41.0	7:18.9	270.42	
398	198	3423722	KOLSTADBAKKEN Anders	Rogne IL	30:42.7	7:20.6	271.39	
399	36	3423517	LARSEN Jonas Engebret	Lyn Ski	30:44.6	7:22.5	272.48	
400	59	3424708	BURUD Ole Conrad	Sande Sportsklubb	30:50.3	7:28.2	275.73	
401	52	3424666	SMEBY Alexander Apenæs	Kjelsås IL	30:53.1	7:31.0	277.33	
	53	3424508	FLENMOREN Martin Halvors	Eidsvold Værks Skiklul	30:53.1	7:31.0	277.33	
	126	3424141	HELLENES Nils Martin Anvik	Drøbak-Frogn IL	30:53.1	7:31.0	277.33	
404	139	3424505	HUSDAL Heine	Drøbak-Frogn IL	30:56.7	7:34.6	279.38	
405	62	3424942	HOVE Kristian Austad	Lommedalens IL	31:00.6	7:38.5	281.61	
406	37	3420070	MOLDEN Even Hielmås	Gran IL	31:01.1	7:39.0	281.89	
407	26	3424884	WAALEN Theodor Fredrik H.	Asker SK	31:01.4	7:39.3	282.06	
408	61	3424153	OLAUSSEN Filip Auqust Fos	Fossum IF	31:03.7	7:41.6	283.38	
409	66	3424926	KATLA Mikkel Jebens	Haslum IL	31:06.5	7:44.4	284.97	
410	164	3422731	ØDEGÅRDEN Vegard Gielsr	Rustad IL	31:09.2	7:47.1	286.51	
411	55	3424498	BERGSENG Tore	Bærums Verk Hauger I	31:09.5	7:47.4	286.69	
412	39	3424888	NESHEIM Tariel Lindberaser	Bærums Skiklub	31:15.6	7:53.5	290.17	
413	96	3423869	BJØRNSTAD Sondre Albriats	Nesodden IF - Ski	31:16.0	7:53.9	290.39	

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Rk.	Bib	FIS Code	Name	Team	Finish Time	Behind	Fis Points	Remarks
414	122	3424647	NICOLAYSEN Siquid Paulse	Heming, IL	31:16.4	7:54.3	290.62	
415	45	3120115	JIAHAN Murea	Kjelsås IL	31:18.5	7:56.4	291.82	
416	17	3422871	GAMME Ole	Gran IL	31:19.5	7:57.4	292.39	
417	38	3424222	SKURDAL Aasmund	Kjelsås IL	31:26.0	8:03.9	296.10	
418	48	3424598	STØA Erik Kjønnø	ROS, IL	31:26.3	8:04.2	296.27	
419	67	3424927	PETTERSON Martinus Lie	Haslum IL	31:34.0	8:11.9	300.66	
420	214	3424869	HYLEN Jonas	Kvikne IL	31:43.0	8:20.9	305.80	
421	23	3424824	DYBVAND Vegard	Rustad IL	31:45.4	8:23.3	307.17	
422	103	3423255	ODLAND Svein	Bjerkreim IL	31:48.4	8:26.3	308.88	
423	24	3424546	NÆSS Øvstein Fagerli	Gjerdrum IL	31:49.5	8:27.4	309.51	
424	134	3424823	OLAFSEN Trvm	Rustad IL	31:50.4	8:28.3	310.02	
425	51	3420033	ABRAHAMSEN Jens Kålås	Runar, IL	31:56.8	8:34.7	313.67	
426	9	3424015	GAMMELSÆTER Erlend	Brandbu IF	32:21.0	8:58.9	327.48	
427	16	3423395	TALLAKSTAD Henrik	Svarstad IL	32:23.9	9:01.8	329.14	
428	171	3424118	PEDERSEN Tor Anton Brand	Ivrig, IL	32:29.3	9:07.2	332.22	
429	13	3424374	HØGNES Ivar Hermundstad	Jevnaker IF Ski	32:32.4	9:10.3	333.99	
430	44	3424908	TØMMERBERG Eivind	Fossum IF	32:57.9	9:35.8	348.54	
431	49	3424827	TULLANDER Jostein Hagen	Rustad IL	32:59.7	9:37.6	349.56	
432	68	3424543	DRAGERENGEN Ivar	Raufoss IL Langrenn	33:04.2	9:42.1	352.13	
433	35	3424825	FARBROT Oskar	Rustad IL	33:25.3	10:03.2	364.17	
434	30	3424547	STEINSRUD Bendik Lae	Raufoss IL Langrenn	33:32.1	10:10.0	368.05	
435	21	3424853	TUSVIK Sondre	Hamar SK	34:40.3	11:18.2	406.96	
436	40	3424537	KOSTØL Vemund Skeime	Gielleråsen IF	34:54.7	11:32.6	415.18	
437	8	3423040	ØDEGAARD Snorre	Konnerud IL	34:56.8	11:34.7	416.38	
438	29	3424921	BØRLI Erlend	Haslum IL	35:19.2	11:57.1	429.16	
439	25	3423797	JOHNSEN Tom-Erik	Lillomarka SK	36:01.1	12:39.0	453.06	
440	19	3424915	HORN Sebastian	Gielleråsen IF	37:53.3	14:31.2	517.08	

Did not start

4	3540007	CHAVEZ ROSALES Sergio /	Tynset IF
6	3420012	DUGSTAD Mats Herholdt	IL Bevern
14	3423308	ENDRESTAD Sebastian Kris	Bækkelaget SK
15	3422689	BYGGLAND Torgeir Lid	Høydalsmo II
20	3424828	WEBJØRNSSEN Henrik Bøyu	Rustad IL
33	3424583	JOHANSEN Eirik Stiklestad	Gjerdrum IL
43	3424603	DØSSLAND Anders Melaaer	Lier IL
46	3424305	HAUGLAND Even Riber	Høybråten og Stovner
70	3424817	HEIMDAL Sevat	Bardu IL
71	3424909	TØMMERBERG Sander	Fossum IF
73	3424922	HAMMERSTAD Brage Buset	Haslum IL
88	3420085	HAGEN Mads	Jevnaker IF Ski
92	3424843	VERDENIUS Jacob	Tolga IL
94	3424658	LINDBÆCK Jonas Hegna	Lyn Ski
118	3424292	DUGSTAD Eirik Herholdt	IL Bevern

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Rk.	Bib	FIS Code	Name	Team	Finish Time	Behind	Fis Points	Remarks
119	3424993		DANIELSEN Trym	Lyn Ski				
143	3424558		KLEIVI Herman Hellesnes	Holmen IF				
169	3424261		GRANVOLD Simen	Gjøvik SK				
175	3424121		JOHNSRUD Fredrik	Oseberg Skilag				
178	3424509		FODSTAD Fredrik Gerardo	Eidsvold Værks Skiklul				
184	3424193		HOLT Filip Glittenberg	Tistedalen FL				
190	3424645		BERTHET Mathias	Heming, IL				
194	3423730		STANGJORDET Thomas Br	Raufoss IL Langrenn				
210	3424998		HAUGAN Armann Saastad	Lyn Ski				
225	3424862		WULFF Sivert Tjelle	Buvik IL				
235	3423759		STRAND Øystein Rønning	Kjelsås IL				
236	3423885		KARLSEN Kristian Fodstad	Strandbygda IL				
255	3422986		AASBØ Jonas	Sumadal IL				
258	3422161		STADAAS Kasper	Heming, IL				
260	3424181		FRIDLUND Jonas Hammelø	Larvik Ski				
285	3423190		SVENDSBY Ole Marius	Tistedalen FL				
287	3423931		SKOGVOLD Kristian Erling	Gjerdrum IL				
306	3422773		IVERSEN Gaute	IL Varden Meråker				
310	3424694		GAUTVIK Mikkel Waldeland	Molde og Omegn IF				
319	3421717		IVERSEN Mats	IL Varden Meråker				
341	3422898		EIRA Aslak Ole Rognerud	Nordreisa IL				
351	3423070		SIVERTSEN Magnus	Leirådal IL				
358	3422515		HAUGAN Sindre Øwre	Hommelvik IL				
373	3423813		HYNNE Sondre Torp	Henning Skilag				
374	3423031		HJELDE Christian Magnus N	Heming, IL				
386	3422854		INSTANES Daniel May	Fana IL				
393	3422291		FROST Edvin Kristoffer	Tromsø SK Langrenn				
405	3422264		MIKKELSEN Eirik	Medkila Skilag				
406	3421779		KRÜGER Simen Hegstad	Lyn Ski				
410	3421154		NYENGET Martin Løvstrøm	Lillehammer Skiklub				
448	3422796		KRISTOFFERSEN Even	Kragerø IF Ski				
452	3421836		EK Aleksander Emil D.	Bærums Verk Hauger				
455	3422771		RØVIK Torstein Buan	IL Varden Meråker				
458	3421845		GUNNULFSEN Mikael	Ørn, IF				
461	3421849		MYSEN Eirik	Oseberg Skilag				
479	3423433		BRØTO Emil Intelhus	Gol IL				
484	3422063		VESTLI Torstein	Strandbygda IL				
492	3422208		BERG Stian	Hamar SK				
496	3422944		HUSBY Erik	Buvik IL				
504	3423125		NYAAS Anders	Hamar SK				
510	3422028		HAGA Magne	Åsen IL				
515	3423894		KVISLE Sjur	Asker SK				

Did not finish

7	3424978		KVÆRUM Hans Kristian Bjø	Kjelsås IL				
11	3423307		SEEBERG Even Olaus	Nittedal IL				
12	3424579		EVENSEN Christian Stjern	Strømmen og Lillestrø				
18	3424161		SCHAANNING Harald Kjønn	Fossum IF				

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Print Date: 29-03-2019 / Print Time: 17:19

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Start Time: 13:31

Rk.	Bib	FIS Code	Name	Team	Finish Time	Behind	Fis Points	Remarks
79	3424665		LARSEN Axel Henrik	Kjelsås IL				
86	3420022		MÆLAND Markus	Oseberg Skilag				
107	3424661		SØRLIE Sondre	Kjelsås IL				
202	3423843		LERVIK Anders	Asker SK				
246	3424652		ANTONSEN Bastian Karlsen	Lyn Ski				
286	3424664		GUNNARSEN Benjamin	Kjelsås IL				
312	3250053		PEDERSEN Isak Stianson	Henning Skilag				
325	3423312		JOHANSEN Sindre	Spydeberg IL				
327	3424618		KARLSEN Jostein	Lillehammer Skiklub				
330	3422422		NORDENG August	Sortland og Omegn SK				
343	3424288		TREFFEN Andreas Lillemoer	Sjåstad-Vestre Lier IL				
350	3423306		MAGNUSSEN Andreas Finni	Lillehammer Skiklub				
441	3424227		THORVIK David	Kjelsås IL				

### Jury Decisions

31 dec -4714

Weather	Snow Condition	Temperatures		Participants					
		Air	Snow	Entries	Ranked	DNS	DNF	DSQ	LAP
Clear sky	Grainy			514	440	57	17	0	0

Technical Delegate:	Race Secretary:
OFSTAD Sylvi (NOR)	()

<b>LEGEND</b>	<b>=</b> Shared Rank	<b>DNS</b> Did not start	<b>DNF</b> Did not finish	<b>DSQ</b> Disqualified	<b>LAP</b> Lapped	<b>RAL</b> Ranked last
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